Thanks for joining the PAT Performance Based Contracting (PBC) Work Group April 8, 2021

Please make sure your first and last name show on your video (click on the upper right corner 3 dots of your picture and rename yourself) and <u>if you've called in</u> your phone number is associated with your video.

Please chat in your name and organization and one thing you LOVE about Spring while we wait for all to connect.







# Today's Agenda

## 1. Introduction

- 2. Review/Discuss More Findings from Caregiver Surveys Compare with Home Visitors' Input
  - Why Caregivers Participate
  - Impact of PAT
  - Activities supporting Parenting/Parent-Child Relationships
  - Activities supporting Caregiver Well-Being
- 3. Next Steps
- 4. Check-in/Reflection







# 1. Introduction and Check-in

- Welcome
- Today's purpose and parameters
- Workplan review







## Today's Purpose

- Continue learning and reflecting on the caregiver survey findings
- Reflect on cohesion and dissonance with home visitor findings
- Set the stage for narrowing outcomes?







## Parameters

- Today is a mix of listening and discussion
- Please use the chat frequently to help us stay connected to you
- If comfortable, please unmute and use video for a fuller dialog in small groups
- Please stay engaged, especially during small group time so we can hear your thoughts







# Work Group Schedule/Topics continued to modify to a workable pace

Month	Anticipated Agenda Topics
August	Orientation & Caregiver/Home Visitor Engagement Planning
September	Engagement Planning & Study Measurement Tools
October	Reflect on Input from Caregivers/Home Visitors & Study Measurement Tools
November	Reflection on Tools Discussion & Plan To Pilot Measurement Tool(s)
January	Reflection on Input from Home Visitors Discussion of Caregiver Input Process
March	Learning: Input from Caregiver Surveys – compare to Home Visitor Input
April	Continued Learning and Reflection: Input from Caregiver Surveys Narrowing to Decision? PAT Precise Outcome
Мау	<i>Learning:</i> Input from Caregiver Surveys & Reflect on Outcomes and Activities <i>Decision Point:</i> PAT Precise Outcome Plan for FY22 Contract Elements/Milestones Discussion Measurement/Tools and Steps for Piloting
June	Communicate/Integrate PBC Elements Of SFY22 Contract

# 2. Caregiver Survey Results

- Process Description
- Why Caregivers Participate in PAT
- Most Meaningful PAT Outcomes (pre Covid and now)







## **Process - PAT Caregiver Survey**

- 208 Responses
- 190 Electronic (Survey Monkey) and 18 Paper Responses
- 165 English and 43 Spanish Versions
- 17 of 21 PAT Programs (1-32 responses) 38% from eastern WA; 62% from western WA organizations







# PAT Caregiver Survey Respondents

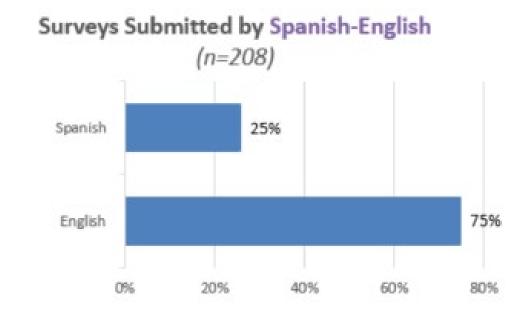
- 50% of respondents were in the program between 1 and 2 years
- More than half currently have children between the ages of 2-4 years old
- 72 (35%) of responses indicated Spanish is their primary language at home
- 1/3 caregivers were caring for 1 child, another 1/3 were caring for 2, and over 30% were caring for 3 or more (only 2% were pregnant)

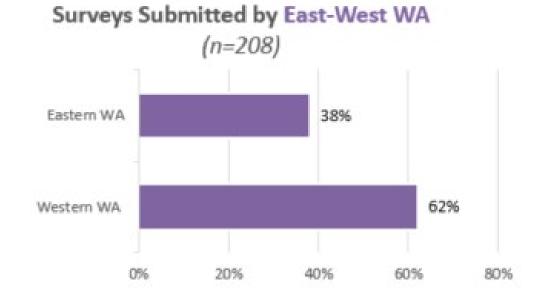






### Caregiver Survey: By Language and East-West WA



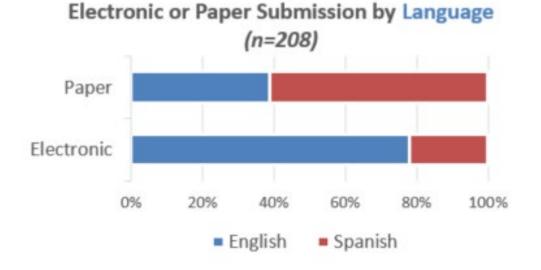


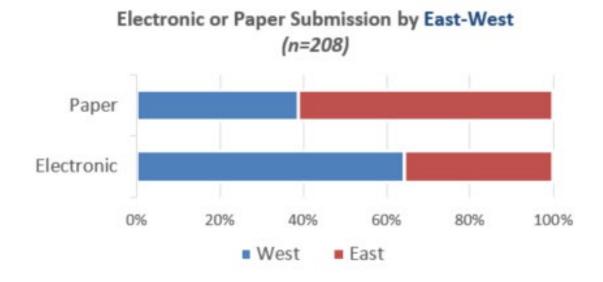






#### Caregiver Survey: Electronic or Paper: By Language and East-West WA











# Home Visitor Engagement

#### **Focus Groups and Team Meetings**

- 5 team meetings and 2 interagency focus groups (September-October)
- 45 participants (7 supervisors, 2 data people, and 36 home visitors)
- 10 HVSA funded programs

### Surveys November 2020

- On-line Survey (December)
- 21 respondents: home visitors
- 10 HVSA funded programs







## Why Do Caregivers Participate in PAT?

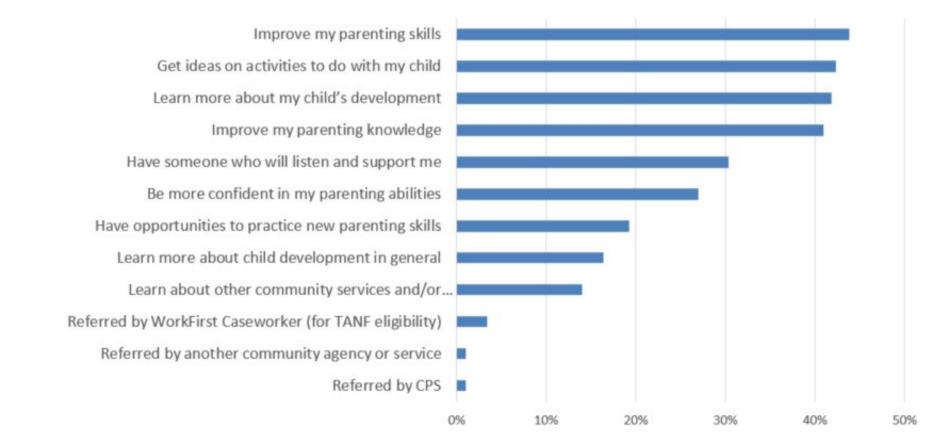






# Caregivers: Top 3 Reasons for Participating in PAT











# Why Parents/Caregivers Participate in PAT

#### **Caregivers Views**

- Improve parenting skills
- Ideas on activities to do with my child
- Learn more about my child's development
- Improve parenting knowledge
- Have someone who will listen and support me
- Be more confident in my parenting abilities

#### >20% of respondents

#### **Home Visitors Views**

- Learn more about child/child development
- Listening ear/ nonjudgmental support
- Relationship/ reduce isolation
- Connections to resources
- Gain confidence in parenting
- Incentives

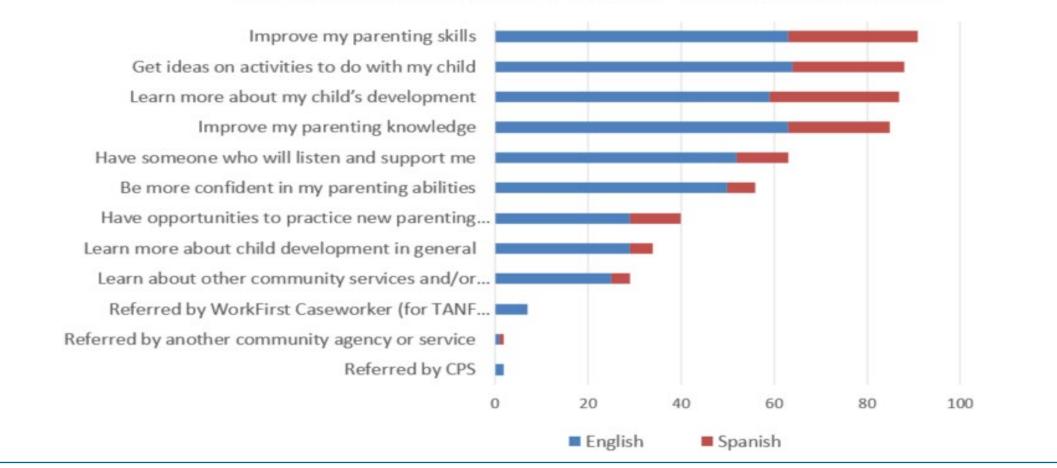






## Top 3 Reasons for Participating in PAT – by Language

Top 3 Reasons in PAT By Survey Language (choose 3, n=208, duplicates ok)



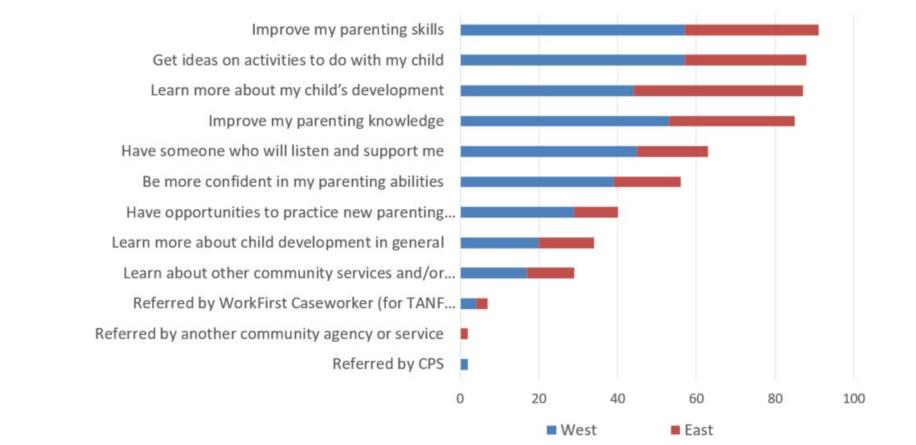






## Top 3 Reasons for Participating in PAT – by Language & East-West





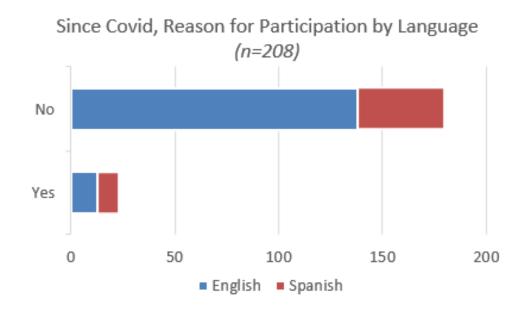


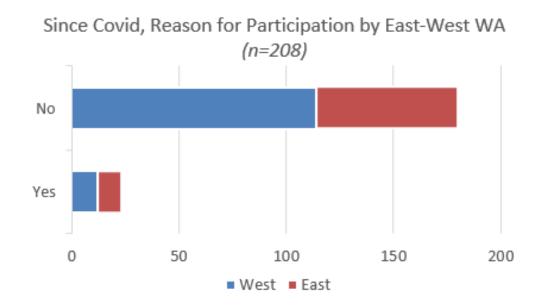




## Caregivers: COVID Impacts on Reasons for Participating?

• Overall, 87% (180) of respondents said their reason for participating in PAT had **not changed** from before COVID-19











# **Small Group Discussion**

- How do these findings resonate with your experiences?
- What meaning do you make from these early findings?
- What alignment and divergence do you see between home visitors' and caregivers' responses?







## Impact of PAT

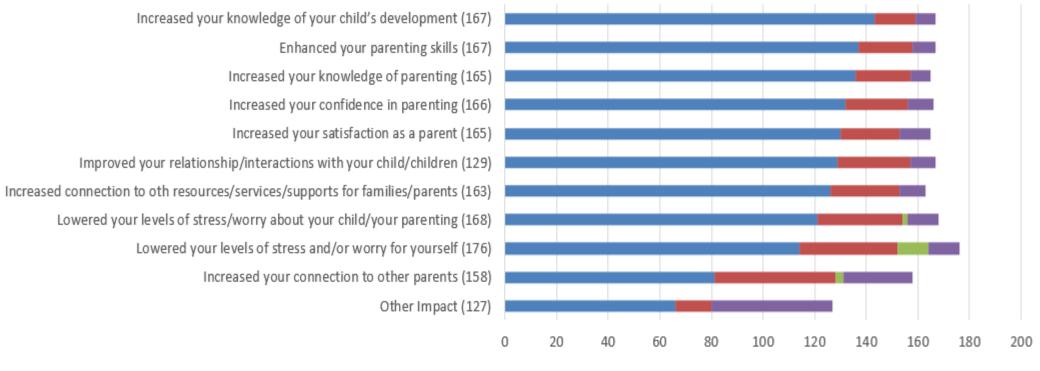






## Caregivers: How Helpful Pre-Covid

#### Helpfulness of PAT on Following Topics, before Covid-19 (sorted on # very helpful)



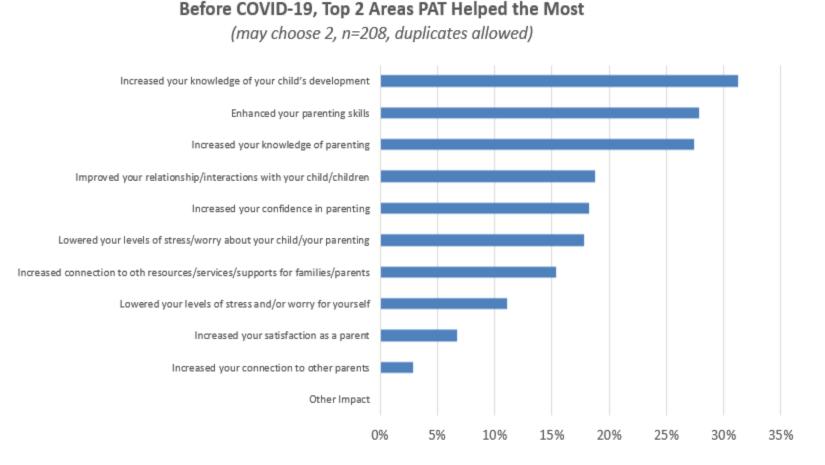
■ Very Helpful ■ Kind of Helpful ■ Not Helpful At All ■ NA







## Caregivers: How Helpful? Respondents' Top 2 (before COVID)



- Increased knowledge of your child's development
- Enhanced parenting skills
- Increased knowledge of parenting
- Improved relationship/ interactions with children
- Increased confidence in parenting
- Lowered stress/worry about child/parenting
- Increased connection to family resources, services, supports

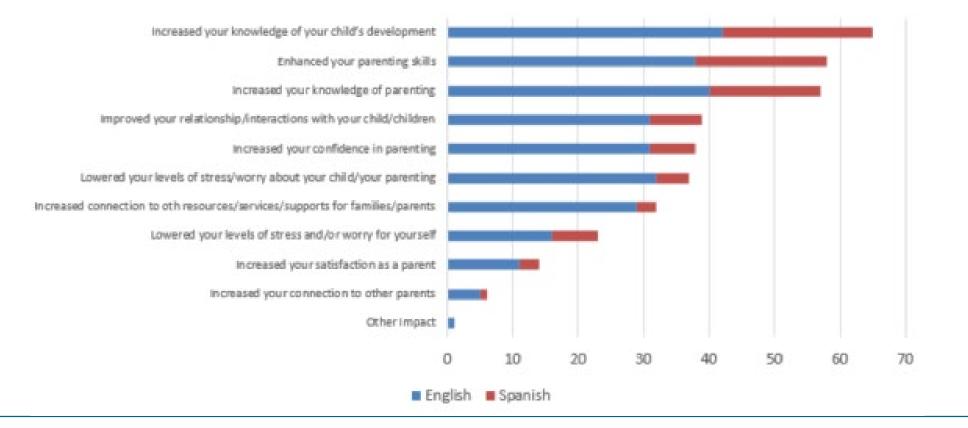






## Caregivers: How Helpful? Top 2 (Pre-COVID) by Language





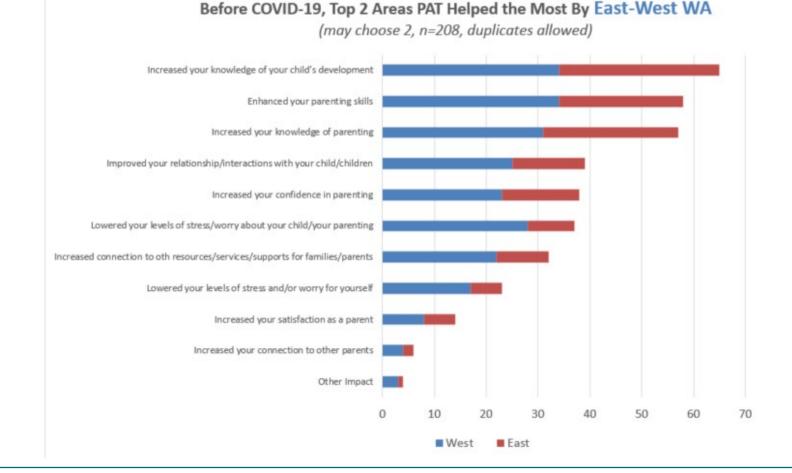
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## Caregivers: How Helpful? Top 2 (Pre-COVID) by East-West WA



Washington State Department of Health





# Home Visitors: Top PAT Impacts

#### Survey (before COVID-19)

- Interactions/relationship with the child/children
- Confidence in parenting (parent validation)
- Knowledge of child development

#### Survey (During COVID-19)

- Reduced levels of stress and/or anxiety about child/parenting
- Interactions/relationship with the child/children
- Connection to family and parenting supports
- Reduced levels of stress and/or anxiety for self
- Parenting skills/efficacy as a parent

Focus Groups - additional impacts (no Covid-19 reference):

- Parenting skills and tools
- Relationship, trust, connection, attuned interactions
- Mental health supports
- Stress or worry about parenting
- Caregiver mental health







# **Small Group Discussion**

- How do these findings resonate with your experiences?
- What meaning do you make from these early findings?
- What alignment and divergence do you see between home visitors' and caregivers' responses?

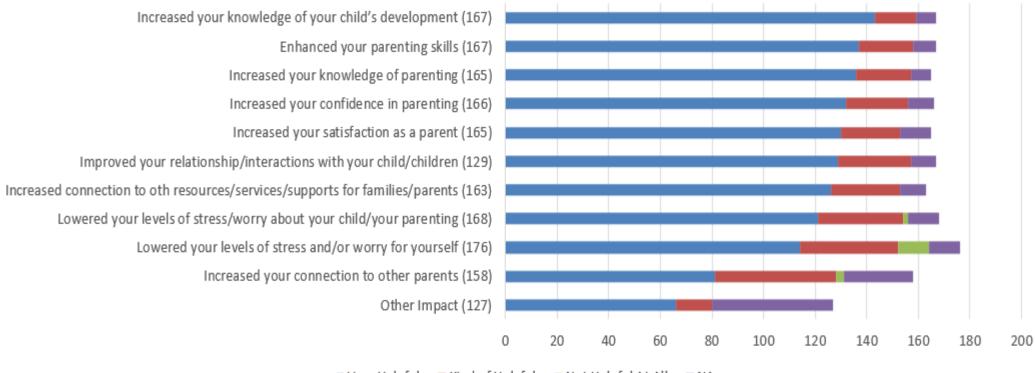






## Caregivers: How Helpful PreCovid

#### Helpfulness of PAT on Following Topics, before Covid-19 (sorted on # very helpful)



■ Very Helpful ■ Kind of Helpful ■ Not Helpful At All ■ NA

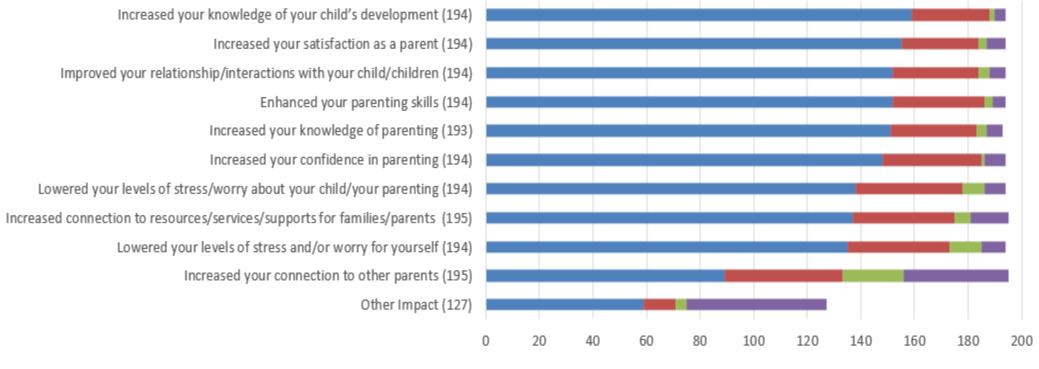






## Caregivers: How Helpful During Covid

Helpfulness of PAT on Following Topics, during Covid-19 (sorted on # very helpful)



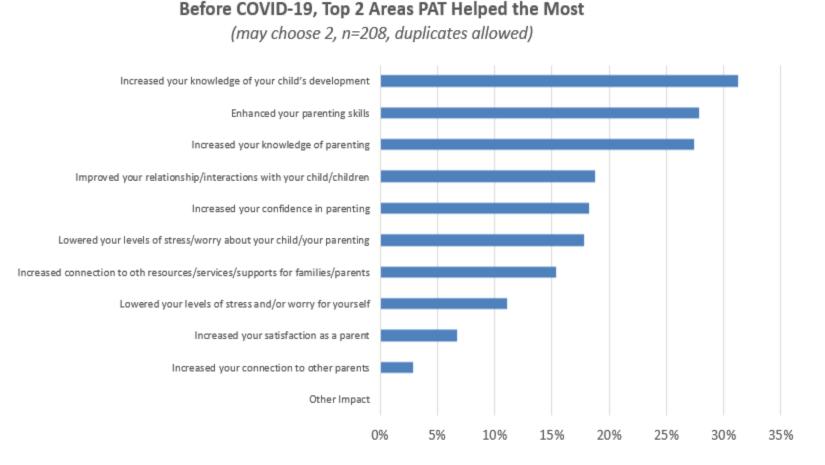
■ Very Helpful ■ Kind of Helpful ■ Not Helpful At All ■ NA







## Caregivers: How Helpful? Respondents' Top 2 (before COVID)



- Increased knowledge of your child's development
- Enhanced parenting skills
- Increased knowledge of parenting
- Improved relationship/ interactions with children
- Increased confidence in parenting
- Lowered stress/worry about child/parenting
- Increased connection to family resources, services, supports



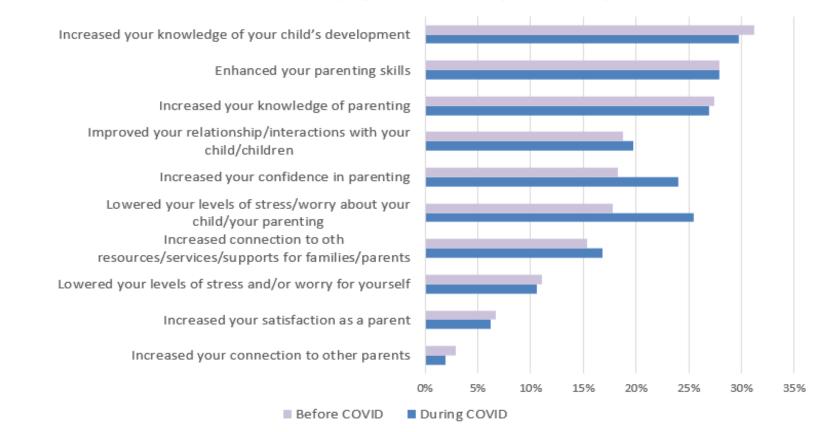




### Caregivers: How Helpful? Respondents' Top 2 (before & during COVID)

#### Before and During COVID-19, Top 2 Areas PAT Helped the Most

(may choose 2, n=208, duplicates allowed)





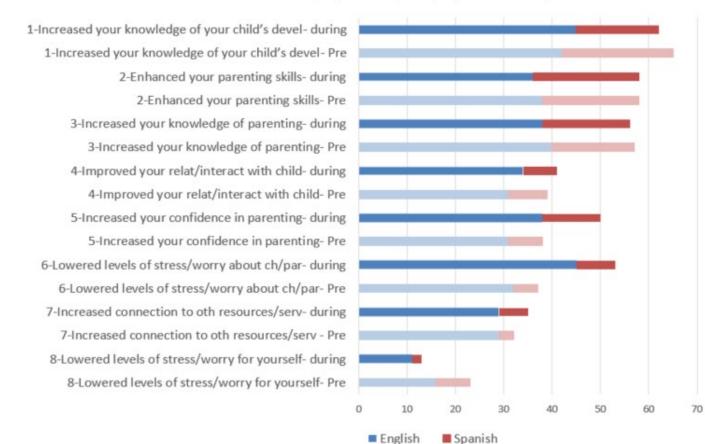




### Caregivers: How Helpful? Respondents' Top 2 By Language

#### Before/During COVID-19, Top 2 Areas PAT Helped the Most By Language

(may choose 2, n=208, duplicates allowed)



Washington State Department of Health





### Caregivers: How Helpful? Respondents' Top 2 by East-West WA

Before/During COVID-19, Top 2 Areas PAT Helped the Most By East-West WA

(may choose 2, n=208, duplicates allowed)

1-Increased your knowledge of your child's devel- during 1-Increased your knowledge of your child's devel- Pre 2-Enhanced your parenting skills- during 2-Enhanced your parenting skills- Pre 3-Increased your knowledge of parenting- during 3-Increased your knowledge of parenting- Pre 4-Improved your relat/interact with child- during 4-Improved your relat/interact with child- Pre 5-Increased your confidence in parenting- during 5-Increased your confidence in parenting- Pre 6-Lowered levels of stress/worry about ch/par- during 6-Lowered levels of stress/worry about ch/par- Pre 7-Increased connection to oth resources/serv- during 7-Increased connection to oth resources/serv - Pre 8-Lowered levels of stress/worry for yourself- during 8-Lowered levels of stress/worry for yourself- Pre 0 10 20 30 50 60

West East







70

# Home Visitors: Top PAT Impacts

#### Survey (before COVID-19)

- Interactions/relationship with the child/children
- Confidence in parenting (parent validation)
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#### Survey (During COVID-19)

- Reduced levels of stress and/or anxiety about child/parenting
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- Parenting skills and tools
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# **Small Group Discussion**

- How do these findings resonate with your experiences?
- What meaning do you make from these early findings?
- What alignment and divergence do you see between home visitors' and caregivers' responses?







## Large Group Discussion

- Small Group Discussion
- Does this help us move in a more narrow direction on determining an outcome?







## Caregiver Survey Analysis to Come (open-ended questions)

- Reasons caregivers <u>continue</u> in PAT and understanding the impact of Covid on those reasons
- Why the top outcomes were meaningful to caregivers
- Analysis of and examples of parent educators' activities that support parenting
- Analysis of and examples of parent educators' activities that support wellbeing
- Participants views on approach to screening







## 4. Next Steps

- More Caregiver Survey Findings (open-ended questions)
- Discussion on Outcomes Narrowing and Refining What additional information do you want to support our outcomes discussion?
- Revisit Measurement

What additional information do you want to support our measurement discussion?







5. Check-In/Reflections Please chat or voice in

- 1-2 takeaways from today's meeting?
- Unanswered questions?
- How can our meetings be improved?







# THANK YOU!!!

For more information

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