MIECHV Measure: Safe Sleep

> Research shows that parents and caregivers can help reduce the risk of sudden infant death syndrome (SIDS) and other sleep-related infant deaths by placing their baby on his or her back for all sleep times, using a firm, flat sleep surface, keeping soft bedding such as blankets, pillows, bumper pads, and soft toys out of their baby's sleep area, and sharing a room with their baby but not bed sharing (CDC, Helping Babies Sleep Safely).

Measure: Percent of infants enrolled in home visiting that are always placed to sleep on their backs without bed-sharing or soft bedding	
What to collect:	Responses from the caregivers for Safe Sleep survey to ALL of the following questions: • How often is your baby place to sleep on his or her back? • How often does your baby bed-share with you or anyone else? • How often does your baby sleep with soft bedding?
For whom:	Infants, with the MIECHV funding, who are under 1 year of age during the reporting period
When to ask:	At least once per reporting year while the infant is under 1 year of age

Measure Production Details

Calculate: Percent who reported that they are always placed their infant to sleep on their backs, without bed-sharing or soft bedding.

Numerator	Number of infants (aged less than 1 year) whose primary caregiver reports that they are always placed to sleep on their backs, without bed-sharing and without soft bedding

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Denominator	Number of infants who were under 1 year of age during the reporting period
Missing	Number of enrolled children missing date of birth or missing information on sleep assessment

Required Data Elements:

☐ Child DOB
☐ Safe sleep survey question responses
    o Baby placed to sleep on his or her back (**<u>always</u>**, sometimes, never)
    o Baby bed-shares with you or anyone else (always, sometimes, **<u>never</u>**)
    o Baby sleeps with soft bedding (always, sometimes, **<u>never</u>**)
☐ Date safe sleep survey reported